

Easy-to-grow Bay Area California Native Plants

Easy-to-grow Bay Area California native plants that are readily available at nurseries and have high reproductive value to butterflies and moths, and the number of species of butterflies and moths that can lay eggs on them.

Oak (*Quercus*) 270

Currant (*Ribes*) 122

California lilac (*Ceanothus*) 117

Native rose (*Rosa*) 95

Lupines 75

Manzanita (*Arctostaphylos*) 68

California sage (*Artemesia*) 65

Native Sunflower (*Helianthus*) 60

Native Strawberry (*Fragaria*) 58

Goldenrod (*Solidago*) 55

Buckwheat (*Eriogonum*) 56

Native Asters 53

Creambush (*Holodiscus*) 38

Native honeysuckle (*Lonicera*) 30

Native Penstemon 30

For comparison here is a list of commonly seen non-native ornamentals, and the number of species of lepidopterans that will lay their eggs on them

Acacia - 8

Agapanthus - 0

Amarylis - 0

Borage - 0

Calla lily - 3

Camphor tree - 1

Candytuft - 0

Catnip 1

Coreopsis- 6
Cotoneaster - 7
Crape myrtle - 0
Daffodil - 2
Daisy 3
English ivy 6
Forget-me-not 3
Eucalyptus - 5
Fennel - 4
Fountain grass 3
Fox glove - 2
Giant reed - 0
Golden bamboo - 0
Heartleaf ice plant - 0
Heather - 4
Ice plant - 0
Impatiens - 3
ivy 2 - 6 (depending on type of ivy)
Lavender -3
Olive - 5
Narcissus and jonquil - 2
Nasturtium - 5
Nigella - 0
Pampas grass - 1
Passionvine - 5
Peppertree - 4
Periwinkle - 2
Rockrose 0
Red hot poker - 0
Spanish broom - 2
St. Augustine grass - 8
Sweet alyssum - 1
Tamarisk - 3
Tea tree - 0
Tree of heaven - 2